

How to Make a Walker Tote Bag



What You Need

Fabric: To make a walker bag, you need two pieces of fabric that are 14-15 inches wide and 45 inches long. The fabric can be identical or contrasting. Additional material for cellphone pocket on outside of walker needed also. Upholstery fabric or canvas are thick and they offer a very nice finished product that is more durable and able to hold heavier loads without sagging.

Notions: You will need 6 inches of sew-on hook and loop tape (Velcro), cut into two 3 inch pieces (four pieces when you separate the hook side from the loop side).

Thread in an appropriate color.

Begin Sewing

Once your fabric is cut to the size you want, pin right sides together and sew all the way around, leaving an opening large enough to turn the tote inside out. I made my opening about 6 inches long.

When the sewing is complete, trim across the corners to make them easier to turn.

Iron the seams open. Flattening the seams a bit helps to get a nice crisp edge when the walker tote is turned right side out.

Once the tote is right side out, **iron it thoroughly** so that the edges lay flat and the corners are as square as possible. I find a chopstick helpful for pushing the corners out. For the opening, simply iron it as if it were sewn, with the right edges turned under.

Before the Velcro add a pocket to the outside of the the area where the larger pocket will be with a piece of small material that will be big enough to hold a cellphone (see picture above).

Attach the Velcro

On the back side (inside) of your walker, pin down the three inch hook and loop (Velcro) tabs and sew them into place.

Velcro Placement Guide

Measure the center of the walker tote. The hook and loop tape should be sewn five inches from the center and 1 ½ inches from the side. See the diagram above.



Create the Pockets



Sew Along Edges and Make Pockets

Fold up the ends of the fabric to make pockets on both sides. Measure it so that the pockets come up the same distance from the center. The pocket depth can vary, but generally you want the pockets to come up to the level of the top of the Velcro, hiding the stitching underneath. That means the top of the pockets will be five inches from the center of the tote.

Pin the pockets into place along the sides, matching the edges carefully. Then sew a straight line from the bottom of one side, across the pocket, over the middle section, and onto the pocket on the other side. This straight line of sewing should be close to the edge. It will lock in the opening you left to turn the tote right side out. Repeat this straight stitch for the other side too.

Then sew straight up the center of one pocket to form two smaller pockets. Be sure to reinforce the top of the pocket with some extra forward and backward stitching that goes well past the edge of the pocket. You want the pocket to be able to withstand the weight of whatever it carries.